

Lauren Watts



Lauren Watts is a 2006 graduate of Hillsborough High School. Lauren was an outstanding gymnast at HHS who earned many individual honors and contributed to several successful team performances. She was named to the All-Skyland Conference Team in 2002 in Vault. In 2003, 2004, and 2005 she won 1st in the All-Around competition. She was the South Jersey Gymnastics League All-Star in 2002, 2003, 2004 and 2005 All-Around. She was the Skyland Conference Individual Champion in 2003 in All-Around & Uneven Bars, the 2004 Uneven Bars Champion in 2004 and the Balance Beam champion in 2005. In that same year, Lauren was the NJSIAA Central II Sectional Champion in Bars.

Lauren helped her team win the Skyland Conference title in 2003 and 2004, the Skyland Conference Championship in 2003, 2004, and 2005. and in 2003, 2004, & 2005 the South Jersey Gymnastics League North Division Title.

Lauren also led her team to four straight appearances in the overall state finals (Meet of Champions). She helped her team accumulate a 47-9 record over four years; during her freshman year the team was 9-6 and then sophomore through senior years they were 38-3. At the time of Lauren's graduation she contributed on every event toward a team school record of 113.125. At that time this was the 2nd highest team score in New Jersey state history. When she graduated HHS, Lauren held the following school records: vault 9.5 (tied), balance beam (9.675), and all-around 38.1.

In 2003, Lauren was named the *Courier News* Gymnast of the Year, 1st Team All-Area 2003, 2004, & 2005. The *Star Ledger* named her to the 2003 3rd Team All-State, 2004 2nd Team All-State, and the 2005 2nd Team All-State. In 2004, the NJ Scholastic Coaches Association awarded her with All-State Team honors in Floor and she was invited to represent NJ in the 2006 National High School Senior Invitational.

Aside from gymnastics, during the winter and spring, Lauren participated in track and earned many honors. During the 2006 winter track season she was the Somerset County 55m Champ and in that same year in the spring she was Somerset County and Skyland Conference Triple Jump champion. She also finished 2nd in 100 hurdles and third in the long jump at the county tournament and third in both of these events at the Skyland Conference meet. Finally, in 2006 she went on to earn 8th place at the NJ Meet of Champions, was named the team MVP and was the 2006 Co-Female Athlete of the Year at the Senior Athlete Banquet.

Upon graduating HHS, Lauren attended Coastal Carolina University where she competed three seasons on the Track & Field Team. Lauren contributed as a pentathlete to the Big South Indoor Track & Field Championship team in 2008 & 2009. Lauren earned the 5th highest score as a pentathlon athlete in school history. During spring track she contributed as a heptathlete to the Big South Track & Field Championship team in 2008 and 2009. In 2007 she earned 5th place in the Heptathlon and 9th place in the triple jump at the Big South Track & Field Outdoor Championships. In 2008 she earned 9th place in the Heptathlon at the Big South Track & Field Outdoor Championships.

The committee is proud to induct Lauren into the 2015 class of the HHS Athletic Hall of Fame.